

SUPER FUDGY, PEANUT FLOUR

# Microwave Brownie

## INGREDIENTS

- 1/4 cup peanut flour (PB2, etc.)
- 1/4 cup cane sugar
- 2 Tablespoons cocoa powder
- 2 Tablespoons oil (coconut or light olive)
- 3 Tablespoons milk
- 1/4 teaspoon vanilla (optional)

## PROCEDURE

- Combine dry ingredients in a microwave safe bowl
- Mix in wet ingredients
- Microwave on high for 50-60 seconds depending on how done you prefer your brownie.



## TOP TIP

You can use other types of flour for this brownie, however, to suite your preferences, just keep in mind that the texture will change.